



REGULATION MAGS EXPERIENCE ABRUZZO TRAIL - UNSUPPORTED BYCICLE ADVENTURE,
version 01 / 01 / 2023

Art. 1 - Registration

All persons who have reached the age of 18 at the time of registration belonging to any nationality are admitted to the MAGS EXPERIENCE ABRUZZO TRAIL . Each participant in the L'ABRUZZO TRAIL MAGS EXPERIENCE must be registered with the MSP (Popular Sports Movement), a sports promotion body recognized by CONI, which will provide the stipulation of compulsory insurance on behalf and in the interest of the participant as per DM 03/11 / 2010. nb the cost of registering for the MSP is part of the cost incurred for registering for the ABRUZZO TRAIL MAGS EXPERIENCE .

Each participant must be in possession of a certificate of fitness à the cycling sport as DM 04/24/2013.

Registrations are managed by the portal and accessible from the site <https://www.gransassotrail.com/>

Art. 2 - Start and Route

The departure of the ABRUZZO TRAIL MAGS EXPERIENCE 2021 is set for Saturday **23 June 2023 at 7.00** . The route is 270km, about 5500 d + .

It will develop on paths, dirt roads and asphalted roads. The temporary trace with all the missing data will be disclosed as soon as available.

About a week before departure, an email will be sent containing the definitive gpx track which may vary +/- 10% with respect to the km and altitude difference declared in the provisional track. The participant will have to upload the track provided on a GPS device and follow it from start to finish.

Participants are required to use a tracking system to update their position along the route taken. This can be done through the TRACKER GPRS device or TRACKER APP . For those not in possession of this device, the organization undertakes to provide a GPRS tracking system to each participant (in case the participant does not have one, such as a tracking app) , the tracking system must therefore always be active during the event. The cost of this device is included in the registration fee .

Art. 3 - Characteristics of the event - warnings

ABRUZZO TRAIL MAGS EXPERIENCE is an ADVENTURE (and cannot be considered a race) on paths, dirt roads and asphalted roads so the route will be open to traffic and therefore it will be MANDATORY for all participants to respect the Highway Code . The participant acknowledges that he is aware that the route is not signposted, travels at his own risk and is considered to be on a free personal excursion without any more rights than the other users of the paths and roads.

He is aware that there is no health, food and mechanical assistance service by the organizers along the route; there is no retreat recovery service and there are no search obligations by the organizers of the participants on the route.





The participant undertakes to communicate his pick-up to the organizer by sending a message to the telephone numbers indicated at the start in the Roadbook.

Participation in the ABRUZZO TRAIL MAGS EXPERIENCE cycling excursion always takes place by free choice and for recreational purposes, however not property.

It therefore follows that the organizer ASD GRANSASSO TRAIL is free, and in any case relieved, of any liability related to the cycling excursion ABRUZZO TRAIL MAGS EXPERIENCE . It is also relieved of any responsibility regarding eventualities happened to the cyclist such as: accidents, loss of the route, physical problems, accidents, thefts etc.

It follows therefore that the cycling excursion ABRUZZO TRAIL MAGS EXPERIENCE is intended as a mere meeting with spontaneous and independent participation of cyclists and cycle amateurs in free and personal excursion. The participant undertakes to respect and keep the places crossed clean: meadows, woods, paths and agricultural properties, undertakes not to throw the waste produced along the way but to throw it in the appropriate collection containers. It is also mandatory to bring with you a kit for repairing faults and punctures.

Participants are required to have good physical preparation, resistance to prolonged efforts, and above all a spirit of adaptation. There is no time limit for obtaining the Finisher certificate. It is forbidden any type of external support (only in case of emergency), the use of motorized vehicles and modification of the route. A good knowledge of the use of GPS and orientation is required. The path must be followed in full and without cuts. Should you move away from it you will have to pick it up from where it left off.

Art. 4 - Medical Certificate

To participate in the event it is necessary to have an adequate and valid medical certificate.

For members of the Italian residence you need the certificate of agonistic in sports or non-competitive must be validated by a sports medicine doctor.

For non-Italian members, a certificate is required as per the " Health Certificate for cardiovascular intensive sport activity " model downloadable [here](#) .

Without sending and validating the Medical Certificate, the participant will not be admitted to the event in any case.

Art . 5 - Check

Control points may be present to verify that the participant has not made any cuts.

Once the ABRUZZO TRAIL MAGS EXPERIENCE has finished, each participant must send to the email box: info @ gransassotrail . with the GPS track of the route made no later than 23 July 2021 to allow the organization to proceed with the verification and therefore enter the participant in the list of finishers.





Art. 6 - Mandatory kit

For personal safety, in the event of an emergency or loss of the route, each participant is obliged to carry the following minimum safety equipment with him for the duration of his adventure:

- reflective vest for night walking,
- whistle or bell
- mobile phone
- approved helmet to always wear
- front lights white and rear red

Art. 7 - Warnings

ABRUZZO TRAIL MAGS EXPERIENCE 2023 will start with any weather condition EXCEPT for any alert notices, issued by the Central Functional Center of Civil Protection for the areas affected by the MAGS EXPERIENCE ABRUZZO TRAIL. There will be no refund in case of non-participation in the event.

Art. 8 Personal Data Treatment

Participation in the Event involves the processing of personal data of the participants for the purposes and in the manner described in the informative Privacy Organizer.

The data controller is the Organizer **ASD GRAN SASSO TRAIL**

By registering for the Event, the participant confirms that he has carefully read the Organizer's Privacy Policy.

Art. 9 Use of the image of the Participants

The modalities of the event foresee the realization of video-photographic shots in order to document the event; among the services connected to the registration for the Event, the Organizer also offers the opportunity for all participants to purchase photos and videos of the Event in which their image is present.

The participant acknowledges and accepts that, in consideration of the public nature of the Event, the object of the dissemination and marketing services of the video-photographic footage of the Event as well as the impossibility of selectively limiting the video-photographic footage, to register and To participate in the Event it is necessary to authorize the shooting and use of your image in the manner and for the purposes indicated in these Regulations, as well as in the Disclaimer and the Privacy Policy.





Art. 8 - Final rule

By asking to participate in the ABRUZZO TRAIL MAGS EXPERIENCE each participant:

- declares to have read and approved this regulation and to accept every part of it;
- declares that he has acknowledged that the event **is a non-competitive test of endurance and considerable physical, psychophysical and without classifications;**
- declares to be aware that, being a large part of the off-road track, some sections can be rough and require a good driving technique, where necessary the participant will overcome the difficult stretch in his / her own judgment by getting off the bicycle and walking;
- declares to have experience in GPS navigation in off-road and / or in any case untracked routes;
- declares to have experience and to be aware that the route is not marked, not monitored and there are no safety posts and / or rescue personnel along the way;
- declares to have experience and to be aware of the possibility of encountering adverse weather conditions and to be able to orientate and pedal in the hills and mountains in such conditions;
- declares to be physically prepared to face many hours riding a bike without stopping and in complete self-sufficiency;
- declares not to resort to doping or drugs or medicinal substances that could alter the performance or lead to situations of harm or danger to oneself or others;
- declares to have all the material necessary to take part in adventures such as this and to travel independently on the track requested from the organization;
- declares to be aware that unexpected events such as landslides, sun, wind, rain, hail, lightning, cold, night, darkness, fog, snow, ice, landslides, encounters with unattended and / or wild animals, falls may occur along the way, accidental collisions with other participants or with people passing through and / or with motor vehicles on stretches of carriage road and declares to be adequately prepared to deal with emergency situations;
- declares that his material is in excellent condition and ready for use that a route such as that of the GPS track requires.
- acts as guarantor of his / her behavior during and after the event;
- declares that the aptitude medical certificate for cycling practice complies with DM 18/02/1982 and DM 26/04/2013 issued by a Sports Medical Center or by a doctor;





- declares to be in good physical condition and to have undergone an aptitude medical examination for competitive cycling or cycling tourism, providing the organization with the widest indemnity for any damage that may suffer as a result of its participation in the event;
- Participation in the Event involves the processing of participants' personal data for the purposes and with the methods described in the Organizer's Privacy Policy. The Data Controller is the Organizer. By registering for the Event, the participant confirms that he has carefully read the Organizer's Privacy Policy.
- grants the organizers the widest consent to the use, in the ways permitted by law, of every video, photo, etc. image. resumed on the days of the event, providing the organization from the moment of registration with the faculty of transferring these images to third parties;
- expressly authorizes the organization, free of charge, to use still and / or moving images, depicting his person, taken on the occasion of the event, on all days of its duration. This authorization to use your own image is to be intended as given indefinitely and without territorial limits all over the world, for use in various publications and videos, including, by way of example and without limitation, promotional materials and / or advertisements created on all media. The organization may also assign the rights of use provided for in this agreement to third parties and its institutional and commercial partners. The organization declines all responsibility for itself and its collaborators, for accidents or damage to people or things, which may occur before, during and after the event or as a result of the event.

It also reserves the right to exclude cyclists from the event who will behave incorrectly before, during and after the same.

Note: A copy of the regulation and the Privacy policy will be made to be signed by the participants upon check-in.

Place and date _____

Readable signature for reading and acceptance _____





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